



Written and Edited by
Lance Pollard

THE FELLOWSHIP

Dear Friends of the Suitcase Clinic

By Andrew Kronemyer

This past academic year has witnessed a very exciting period of reckoning and growth within our organization. Redoubled efforts in conducting outreach and improving the accessibility of our services have resulted in an unprecedented level of interest in our mission amongst students, clients and professional service providers alike. Undergraduate students have assumed increasingly complex administrative functions, granting the Suitcase Clinic a talented corps of officers capable of sustaining the entire organization by virtue of their own merit. We have attracted new volunteer service providers within the fields of Licensed Family and Marriage Therapy, chiropractic and emergency medicine. Community members from both the city of Berkeley and the university have approached us with numerous inquiries regarding how they can best become involved in advocating for the underserved. Our clientele continue to receive quality health and social services in a supportive, humanizing environment.

These impressive accomplish-

ments were all achieved despite the fact that we have not strayed from our origins as a college student group. This organizational model affords us students the ability to remain fully sovereign in conducting the affairs of our organization without having to fund a bloated bureaucrat-

OUR MISSION:

To promote the health and overall wellbeing of underserved individuals through service provision, cooperative learning, and collective action among community and professional volunteers, students, and participants.

tremendously upon direct contributions from those who share our mission of leveling power hierarchies in the provision of health care. This is a call to all of you who are reading this newsletter to consider what you can offer our organization, be it in the form of financial, material, volunteer or informational aid. We will always be capable of sustaining our fundamental core services, but our future growth and prosperity is



ic hierarchy, ensuring that the maximum amount our limited resources be directly applied towards our services. However, as a consequence we are heavily fettered in our ability to secure adequate funding, and depend

dependent upon the innovation of our volunteers coupled with the resources of our extended community in order to make them a reality. I encourage you, on the behalf of the Suitcase Clinic, to take a more direct role in our fellowship, so that you can proudly identify yourself as being at the forefront of proactive public health initiatives where they are most direly needed.

OUR NEEDS

- SOCKS
- CLOTHING
- BLANKETS
- DEODORANT
- MOUTHWASH, FLOSS
- FEMININE PRODUCTS (TAMPONS, PADS)
- CHILDREN'S BOOKS AND TOYS
- SHAVING RAZORS, SHAVING GEL
- SOAP, SHAMPOO, AND CONDITIONER
- TOOTHPASTE, TOOTHBRUSHES, AND DENTAL FLOSS
- FACE, HAND, AND BODY LOTION
- FOOT CARE EQUIPMENT
- ANYTHING ELSE YOU WISH TO CONTRIBUTE

IN THIS ISSUE

- The Family
- Extending our Hand
- Perspectives
- One Exciting Month
- Sharing Our Passion
- Remembering the Gift of Giving

Extending out our Best Hand

The Supply Drive is reaching further *By Angela Nguyen*

Swetha Madhusudan and I have spent two semesters with the Supply Drive small group, which has traditionally included a handful of enthusiastic students from Suitcase Clinic's Health and Medical Sciences 98/198 class. Because each clinic distributes hygiene supplies and clothing to our homeless clients through the Health Education division, our small group aims to maintain a stock of necessary items by approaching our community for donations

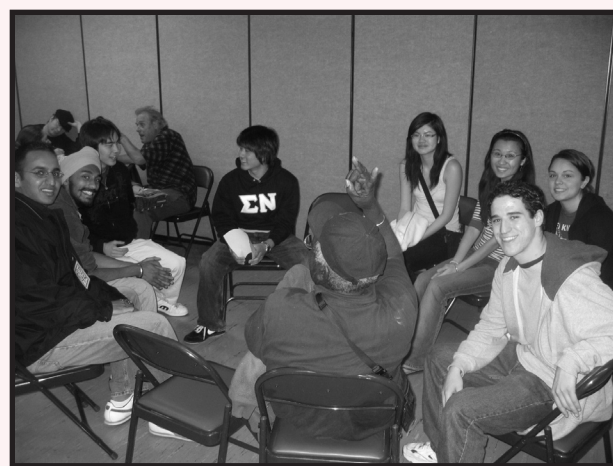
Our first endeavor this spring was the consistently successful door-to-door project, which received an enormous response from families in Berkeley residential neighborhoods who were willing to part with their socks and shampoo, although they were jaded from the number of solicitors and Boy Scout troops who all came to their doors.

Most recently, our group has been

working in collaboration with students living in the Greek community, communicating with fraternities and sororities eager to accept supply drive donation boxes in their houses. For the coming years, we hope to establish relationships with potential regular contributors, whether they are businesses, homes, or student groups, so we look forward to meeting you all. Our small group triumphs have only been growing, and we foresee even more success as we continue to refine and improve our projects

Yet, although we have been quite successful in receiving donations from these wonderful people, it is still very difficult to expand the Suitcase Clinic to new but desperately needed arenas. Every year that goes by requires us

to seek new ways to receive donations, so that we may fund outreach projects, pay for expensive medical items, materialize our envisioned Mental Health Clinic, and expand



A group of both seasoned and fresh volunteers sitting in their volunteer circle before the night begins at General Clinic. This is where the Volunteer Coordinators would find a volunteer to work with a client. That's Bill giving us the peace sign!

the reach of each one of our services. With your help, we can work together to make this vision a reality.

PERSPECTIVE - *It is Time to Make a Difference*

Darlene Matthews is a client at the Suitcase Clinic and has spent many years trying to get special aid from other homeless shelters including the Berkeley Food and Health Project and the Berkeley Free Clinic. She is both physically and mentally disabled.

In an interview with her last week, she described her pain because of the lack of adequate services for the disabled homeless people. She writes, "not even through churches can we end suffering. It's only a dream for the homeless



Darlene sent the Suitcase many photos she has taken over the years as well as some of her own prose and letters to the government.

Many years ago, when she started experiencing psychological difficulties, she sought out treatment from various homeless shelters but quickly realized there was an enormous insufficiency there. After years of not receiving treatment and/or being mistreated (because there are very few rules about disabled peoples), her psychological and physical issues have grown progressively worse. She says "it's too late now to go back and fix it."

disabled to be helped/treated at least as good as the dogs and cats."

She asks in a letter to Governor Schwarzenegger, in the Department of Fair Housing and Employment, "do you do any help in California for homeless diabeled people with

chronic pain?" Many People like Darlene feel helpless because of the lack of trained specialists who work at these nonprofit organizations. Her greatest wish is to see others who are in the same boat be able to get the humane treatment

they deserve so they may live a decent life.

Darlene expressed in her interview how powerful it would be if the Suitcase Clinic, which she is quite fond of, were to unite with the School of Sociology at Berkeley to monitor the quality of service provided at homeless centers and to keep detailed records on how the services impact their lives. With the support of our faculty sponsors, student leaders, family and friends, we can make a difference in the lives of this underserved population.

One Exciting Month!

What We Have Accomplished so far

We had our first Outreach Picnic on Saturday, April 7th, in the afternoon at People's Park! This was a golden opportunity for the community to get a taste of the Suitcase Clinic. Along with such services as health Ed, referrals, and SHARE, there was also free food, art, and a raffle! Thanks to everyone who put this together.

Suitcase is still working on getting the Mental Health Clinic started, which Darlene from the "perspective" section said she would definitely take advantage of. If Suitcase is able to get enough funding for this new project, the hardwork and dedication of the

team members involved will surely make a difference.

As for other news, the Youth Clinic has almost begun having regular visits with an herbologist, who will probably work with all of the clinics.

Each Wednesday night at PC we have been very active in finding new ways to bring new services to the homeless and underserved. Earlier this month we had Ian, a guest medical student from the Youth Clinic, come and speak with us. He provided us with valuable advice on how we can better our footwashing service further.

*Hi guys,
just a little electioneering pitch...
Every time i have a chance to talk about Suitcase Clinic, and that's from North London to North Island in New Zealand, one of the things that impresses people most is the way you guys do governance. Its amazing enough that there is no secret faculty member who is in charge, but truly unique that you keep renewing the energy every year through this amazingly democratic process. Being progressive socially always creates burn out. There is never enough time, or enough people, and the reactionary forces always seem to have more than enough of both. So I can't promise you some easier time up ahead. If you choose medical service as a career, and I hope you will, it may not get easier in that regard. But I do want to say how much I respect you for all the work you put into Suitcase. This is really unique and wonderful, and so please keep on working to keep the process going!!
-Dr. Alan Steinbach (long-time faculty sponsor)*

The characters of the clinic	
talk	dense
beg	cacophonous
debate	arrhythmic
howl	dissonant
scream	incalculable
cry	the colours of the clinic
murmur	bright
philosophize	earthy
walk	dirge
the workers of the clinic	dark
question	grey
serve	yellow
organize	brown
listen	blue
help	the moods of the clinic
endure	somber
record	serious
smile	serene
the outsiders of the clinic	psychotic
talk	silly
eat	scary
gossip	sedative
work	the language of the clinic
buy	long
sell	scattered
watch	sweet
ignore	aggressive
the music of the clinic	nonsensical
sparse	laconic
explosive	foreign
	transitory

TO ALL OF YOU WHO SHARE OUR PASSION

At the heart of Suitcase Clinic lies a fervent desire to reach out to those in need. While we can always offer compassion, we often lack the resources to truly help. As a General Clinic Continuity of Care Advocate (COCA), I am very familiar with the limitations of our student-run clinic. For example, our current dental services fall far short of our clients' needs. Right now, we offer only simple teeth cleanings once a month. Spend five minutes any Monday or Tuesday and you will realize how badly the homeless and low-income individuals at our clinics

need more. Root canals, composites, extractions, palliative treatment... these are just some of the procedures our clients desperately need but are unable to receive at Suitcase or elsewhere.

Dr. Daniel Nam is working hard to change this. Impassioned by the need of these individuals, Dr. Nam is fighting bureaucracy and willing to take medical liability on his own shoulders so

"Berkeley Free Clinic had their Quarterly Meeting on Monday and voted against expanding Suitcase services" wrote Bian to PC. "The main reason they said 'no' is money." It is difficult for Bian to keep expanding the Dental Services because of funding.

AMBITION

that we can provide such services. His devotion should bring Suitcase clients expanded services by next semester. Future undergraduate and professional volunteers possessing similar ambition and leadership qualities will continue to make Suitcase better able to serve those in need. While we may never be able to accommodate every clients need, we can strive to accommodate more and more. We are always looking for supplies and more devoted professionals to help us in our quest to do so.

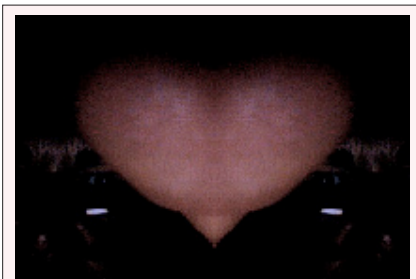
Written by Bian Wu

THE GIFT OF GIVING

The Impact I will Have

Donations to the Suitcase Clinic will help fund:

- Expansion of Suitcase into new and desperately needed arenas of community service and care
- Mental Health Clinic startup
- Homeless and low-income client general medical, dental, and eye care
- General, Women's, and Youth Clinic supplies to keep clinic running smoothly
- Ongoing education and skill training of volunteers
- Community Care
- Public Outreach



Picture taken by Darlene. It is a heart made from the top of her head.

There is a wonderful way for you to reduce your taxes while supporting the Suitcase Clinic in its mission: all donations are completely tax-deductible. The Suitcase Clinic's non-profit tax ID code is #94-0294680.

Once we unite the forces of every family member and friend, we will be able to make the biggest impact and be the best solution to this public health issue. We thank you dearly for your generosity.

OUR OFFICERS!

Jake Becker Administrative Coordinator A	Shahil Patel Referrals
Courtney Hernandez Administrative Coordinator B, Class Coordinator, and UGSI	Elijah Mun CoCA (General)
Karandeep Juggy Singh Administrative Coordinator C	Weiwei Wen CoCA (General)
Sachini Bandara Class Coordinator	Bian Wu CoCA (General) and Dental Coordinator
Andrew Kronemyer Class Coordinator and Web- master	Puneet Samra CoCA (Women's)
Melanie Schoeppe Class Coordinator and UGSI (Women's)	Brainna Hoffmann CoCA (Youth)
Sunny Jha Clinic Coordinator A (General)	Jason Wong Health Education (General)
Johan Mohd-Yusof Clinic Coordinator B (General)	Erum Arain Health Education (General)
Kevin Gia-Le Phung Clinic Coordinator C (General)	Angela Min Health Education (General)
Dan Green Clinic Runner (General)	Leanne Almario Health Education (Women's)
Sarah Adler-McDonald Clinic Coordinator (Women's) and CoCA (Women's)	Priya Asthana Health Education (Women's)
Julia Pollock Clinic Coordinator (Women's)	Sunniya Basravi Health Education (Women's)
Stephanie C. Wong Clinic Coordinator (Women's)	Addie Cuneo SHARE Coordinator and UGSI
Timothy Yiu Clinic Coordinator (Women's)	Matt Hakimi SHARE Coordinator
Sandhya Jacob Clinic Coordinator (Youth)	Neera Khattar Secretary
Ionas Porges-Kiriakou Clinic Coordinator (Youth)	Lijia Xie Women's Clinic Children's Coordinator
Vikram Mahal Clinic Coordinator (Youth)	Katie Anderson Women's Clinic Children's Co- ordinator and UGSI (Women's)
Jodi Ram SPEAC Facilitator	Nyssa Adackapara Foot Care Coordinator and UGSI (Outreach)
Jenny Zhou SPEAC Facilitator	Imran Khan UGSI (Outreach)
Lance Pollard Newsletter Coordinator	Daniel Khakshooy UGSI (Dinners)
Sheila Loharuka CARE Coordinator	Austin Eckard UGSI (Share)
Mike Johl Volunteer Coordinator	Swetha Madhusudan UGSI (Supply Drive)
James Kim Volunteer Coordinator	Angela Nguyen UGSI (Supply Drive)
LiAnn Punzalan Legal Coordinator	Najm Haque UGSI (Youth)
Dana Gersten Haircutting Coordinator	Ashveer Pal Singh UGSI (SPEAC)
Anne Bozack Historian	

BECOME A SUITCASE PROVIDER!

Suitcase Clinic c/o (name of clinic)
570 University Hall #1190
University of California, Berkeley
Berkeley, CA 94720-1190

YES! I want to become a Suitcase Provider! I would like to donate one or more of the following to any or all of the three Suitcase Clinics:

- Money** (This gives us the greatest freedom in purchasing/funding exactly what we need)
- Clothing** (fresh socks, undergarments, shoes, shirts, pants, hats, work attire, etc.)
- Hygiene Supplies** (Toothpaste/brushes, soap, hair products, deodorant, lotion, shaving supplies, Q-tips, nail clippers, or other obscure but desperately needed supplies.
- Footwashing Supplies**
- General Supplies** (chairs, coffee supplies, cups, etc.)

Thank you for supporting us. Your donations will help us tremendously in attaining our vision. Go Suitcase!!!

CONTACT
INFORMATION

Voicemail number: (510) 643-6786
Fax number: (510) 643-8771
URL address: <http://www.suitcaseclinic.org>



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